

The Truth About Curing Your Yeast Infection

By Michael Swan

Table of Contents

Letter from the Me to You	2
Understand Your Enemy	4
The Surprising Fact: Everyone Has Yeast	5
Why Yeast Could Be The Cause Of All Your Other Diseases To Date ...	6
The Shocking Discovery.....	7
The Solution	8

Letter from the Me to You

Hello,

My name is Michael Swan, a 19 year old teenage boy. Save the history and details of how I came to this world and what I did. I am here to share with you the shocking discovery that I made about yeast infections and help you cure it once and for all.

First, let me tell you the story of how this discovery happened:

One fateful day in October 2006 (I forgot exactly when), I was searching online for information about a symptom I had - a burning sensation on my penis.

As you can imagine, this was something that got me quite worried. It was also something that I found too embarrassing to visit the doctor about, especially if the doctor would turn out to be a lady. Naturally, the internet was my resource of choice.

After surfing for a little while and coming across many diseases that had the symptom, I came across one that just seemed to be the perfect match.

It was the yeast infection.

I realized I had all the symptoms of this particular infection and diagnosed myself right there and then.

My next course of action then was to search the whole internet for all the information I could gather about this infection and of course, the possible cures for this painful and embarrassing ailment.

After hours and hours of searching, I found **a lot** of websites that spoke about the yeast infection but sadly, most of them dealt with yeast infection in women. There was hardly any information on yeast infection in men, especially for one on the penis. However, I still pushed on, unwilling to go see a doctor for my yeast infection.

Days of searching later, I did manage to find a few places with men reporting having a yeast infection, but it was simply people like me asking the same questions that I wanted answered. There were no direct answers as to how I could cure this disease.

It was frustrating. I still did not want anyone to know about it, and finally came to a decision:

I would study this infection and find out EVERYTHING about it and visit the doctor only if there really was nothing else I could do.

After weeks and weeks of researching, I found out exactly how the yeast infection functioned and along the way, I discovered the shocking truth:

Doctors are actually making the yeast infection stronger instead of curing it.

Yes, the people who should be the ones curing the disease are actually making it worse. In fact, they don't know that they are actually doing this when they give you the drugs that only cure the symptoms and not the disease itself.

I will be explaining everything in this report and help you to understand why this is the case, and how you can cure your yeast infection once and for all the right way.

However, with this discovery also came one surprising twist:

I found out that I did not actually have a yeast infection. I could safely and confidently say so after learning so much about the infection. All I had was a plethora of hygiene issues which I fixed by having better practices.

However, my time was not put to waste as I had made this discovery. This discovery would help me decide if drugs would be the ideal cure for all the future diseases that I may encounter in the future.

Even better, I decided that I would better use all this knowledge by sharing it with you and hopefully, help you get rid of your yeast infection once and for all.

In this report, I tried to compile everything that took me weeks upon weeks to learn in the best way possible to help you understand everything as quickly and easily as possible.

With all that said, I hope this report will help you decide on the best course of action to cure your yeast infection.

To your good health,

Michael Swan



Understand Your Enemy

The first thing you should know is about the fungus that causes the yeast infection.

This will give you a good foundation that will allow you to fully understand everything that I will be explaining later on. By knowing how the fungi work and how it can cause the yeast infection, you will be able to make sense of everything and be able to decide on the best cure for your yeast infection.

First, the most common fungi that causes yeast infections.

Candida Albicans



This is a picture of Candia Albicans (A.K.A yeast), the fungus that is the cause of your yeast infection. The white patches are huge groups of yeast that have multiplied and grown from a laboratory that cultured it for study.

When you have a yeast infection, it is because there is too much of the yeast in a certain area of your body. It could be your mouth, your intestines, under your armpit or your genitals. Generally, the fungi overgrow in any area as long as the conditions are right.

The conditions that create a good place for the yeast to overgrow are:

- Warmth
- Moisture
- Darkness
- **The most crucial to take note of:** Where they can dominate and overthrow any other force that would otherwise stop their growth.

As you might have noticed, the areas where they can grow mentioned above have these conditions. The mouth is warm, moist and dark most of the time and so are the intestines and the genital area.

The Surprising Fact

Everyone has Candida on their bodies. However, it is usually in negligible amounts and the body is strong enough to prevent them from growing too much. However, when it does overgrow, it becomes the infection and causes the undesirable symptoms that you have now.

The first three points should have been clear to you, but you are probably still unsure about what the fourth really means. The fourth plays a huge part in this shocking discovery and will give you a clear understanding of how to choose the right cure for your yeast infection.

Let me repeat the fourth point:

- **The most crucial to take note of:** Where they can dominate and overthrow any other force that would otherwise stop their growth.

You see, the reason the Yeast is usually kept under control is because the body usually has the right balance of other bacteria and fungi. These compete for the same space as the Yeast and prevent the Yeast from growing too much.

When your body does not have a good balance of these other bacteria and fungi, the Yeast is able to multiply rapidly and eventually take up too much space. This is the cause of your yeast infection and all the symptoms that come with it.

This Is Why Antibiotics is Actually A Cause Of Yeast Infections

If you read the causes page on YeastMen.com, you'd see that antibiotics is one of it. It may have baffled you earlier but with this knowledge, you will see why the bacteria-killing drug actually helps the Yeast to grow.

Antibiotics does exactly what you think it does – kills bacteria. This causes the imbalance that we just talked about and allows the Yeast to grow with less resistance.

Why Yeast Could Be The Cause Of All Your Other Diseases To Date

With the research, I've also found out that the symptoms list of having a Yeast infection is terrifyingly endless, and it includes:

- fatigue
- problems with concentration and short-term memory
- pain in the joints and muscle
- tightness in the shoulders and neck
- acid reflux
- blisters in the mouth/tongue/throat
- either white or "blood blisters"
- un-refreshing sleep
- sore throat
- white coated tongue
- dark circles under the eyes
- an aversion to being touched or jumping
- "crawling" skin
- chronic sinus problems
- headaches and migraines
- chronic dental problems

...and a lot more

The reason why the symptoms list is so vast is because the yeast infection indirectly causes others mechanisms of the body to fail, which then starts off a chain effect that creates the other illnesses that you get. These are usually diagnosed as separate illnesses (such as a cold or insomnia) when the root cause is actually the yeast infection.

Of course, you may only have a few of them now, but if you do not treat it correctly (and sadly, most people don't), it will spread to the rest of the body and a whole myriad of undesirable symptoms will start to appear.

It will even eventually affect your psychological state and cause symptoms such as depression, anxiety, irritability, panic attacks and again, there are more than I list here.

In fact, many of your other diseases may actually be symptoms of the yeast infection that is the true root cause. This means that getting rid of the yeast infection may actually be the end of many of your other recurring illnesses.

The Shocking Discovery:

Doctors Do Not Know The Cure To Your Yeast Infection In Fact, They Make It Worse

We've come to the part which you probably wanted answers to since you read about it in my letter at the beginning of the report.

When you go to a doctor, they will prescribe you with certain drugs for your yeast infection. These include:

- Fluconazole
- Ketaconazole
- Lotrimin
- Gentian Violet

Do you know what these drugs do?

They kill the Yeast.

After reading about everything above, do you see the flaw in that?

Let me explain why that is fundamentally flawed and also why it actually makes the Yeast stronger. Yes, it actually creates a stronger form of Yeast eventually.

Remember, the Yeast grew in the first place because of the imbalance your body had. That is the real cause.

These drugs only kill the yeast. They do not restore the balance that we talked about earlier. They are simply chemicals that are deadly to the Candida.

You see, when the yeast is present in the small amounts that everyone has, it actually benefits the body by keeping the other bacteria and fungi from growing too much. It actually helps keeps things in control. This is why we always have it present in small amounts at least.

These drugs kill enough Yeast to have the symptoms go away, which is why they are certified to work and doctors prescribe it. However, they never take into account the recurring infections that come back again and again.

The small amount of Yeast that remains after the drugs are taken will eventually overgrow again because the root cause is still present. In fact, the

drugs may have made it worse because the drugs also kill the other fungi and bacteria. Drugs do not restore that balance that we need to be healthy. They do not replenish the huge varieties of other bacteria and fungi that is needed to keep the Yeast at healthy numbers.

How The Doctors Actually Make The Yeast Stronger

In fact, the Yeast will start to develop immunity to the drugs. This means that each time it overgrows; you have a stronger form that the drug you used will not be able to kill anymore. The doctors will then prescribe another drug and the Yeast will again, develop immunity to that and it goes on and on until the doctor runs out of drugs and tells you that it's incurable.

This is exactly what a lady named Sarah Summer went through. Her doctor told her that it was "impossible to cure". However, she saw through all of it and started to treat the root cause and now lives healthily and happily with her husband. I will speak more about her later and the cure she used.

To sum it up: The drugs that doctors prescribe do not cure the yeast infection. These drugs only relief you of the symptoms temporarily.

The Solution

As you should have guessed by now, you need to **treat the root cause** to get rid of your yeast infection once and for all.

The drugs that doctors prescribe do not cure the yeast infection because they only kill the Yeast that will just overgrow again and come back even stronger each time resistant to the drugs. Eventually, it will become incurable by drugs.

The right cure is to create an environment where the Yeast is unable to thrive by introducing the right nutrients that the body needs for a good balance of the other good bacteria and fungi. When this happens, the Yeast is kept at the safe, healthy amounts.

So, how exactly can you achieve that?

By eating the right foods and taking the right supplements.

When you don't give the Yeast too much of the ingredients that it loves and grows on and eat enough of other ingredients that help the other good bacteria and fungi thrive, the balance will eventually be restored as the Yeast slowly dies out and the other bacteria and fungi get back their space.

The Cure

Sarah Summer, a lady who suffered from what the doctors told her was an incurable yeast infection, was determined to cure it and go back to living the life without the infection. She went on to do her research and found the cure to her yeast infection that she has now published as a best-selling book online.

Note: There have been concerns about how the website for the cure looks and it does not look too presentable **but it is proven to work**, so don't be held back by its looks. Moreover, there is a 56-day money back guarantee, so you have nothing to lose; it shows just how confident Sarah is with her solution.

Here is the link where you can get the eBook:

[Click Here To Find Out More About Sarah Summer's Yeast Infection Cure](#)

Note: To get the book, there is an order button on the page you can click. The button is not too visible and many miss it and wonder where to get it.

I hope you have gotten as much from this report as many others have!

To your great health,

Michael Swan



P.S. I would love to answer any of your questions or doubts if you have any, and help you cure your yeast infection the right and best way.

I would love to feature your questions and answers on the website and emails. Feel free to keep yourself anonymous, but the questions that you ask will help others with a yeast infection and they will appreciate it a lot. :)

Drop me an email at: michael@yeastmen.com